We welcome research in behavioral nutrition and physical activity. Below you can find an overview of research topics that are addressed by ISBNPA.

A. Theory and Determinants (PA/Exercise, Sedentary Behavior, or Diet/Eating)
   1. Psychological (e.g. social-cognition and motivation, self-regulation, emotional)
   2. Social, cultural and economic environment (e.g. inequalities, food insecurity)
   3. Familial, parenting and home environment
   4. Physical and built environment, environmental policy
   5. Biological (e.g. neurobiology, appetite control, metabolomics), genetic and epigenetic

B. Interventions (PA/Exercise, Sedentary Behavior, or Diet/Eating)
   1. Individual and clinical (e.g. Motivational Interviewing)
   2. Parenting, and family-based, and home-based
   3. Preschool and school-based
   4. Community-based
   5. Environmental and natural experiments
   6. Worksire
   7. Games, virtual realities, and simulations
   8. Technology-mediated interventions (e.g. web, apps) and m/e-health
   9. Public health and policy (e.g. behavioural economics, incentives/taxes)

C. Assessment and Methodologies in Behavioral Nutrition and Physical Activity
   1. Intervention development and evaluation frameworks
   2. Research methods and measurement innovations
   3. Statistical innovations (e.g. EMA, MLM)

D. Physical and Mental Health
   1. Chronic disease (e.g. obesity, cancer)
   2. Well-being, quality of Life
   3. Mental health and eating disorders
   4. Healthy aging
   5. Cognitive function
   6. Academic achievement

E. Other Topics
   1. Research translation
   2. Special populations (e.g. migrants, refugees)
   4. Health professionals’ training
   5. Education (e.g. Physical Education)
   6. Ethical issues
   7. Global/international health

Symposia are an important part of the ISBNPA program and it is our goal to ensure a wide variety of topics concerning both nutrition and physical activity during these sessions. The annual ISBNPA meeting also highly values the interaction between attendants. In all symposia, we invite
people to interact and discuss the presented ideas and findings. In order to further increase the interaction, we also welcome "debate symposia"!
So, there are 2 symposia formats to choose from:

1. **Regular symposia**
   A regular symposium provides an opportunity for focused presentation of a particular topic. The symposium should consist of three oral presentations from speakers from different countries on a related theme.
   A chairperson usually introduces briefly the general topic of the presentations to avoid that all presentations start with the same general introduction. In this way, all presenters can have a shorter and more focused introduction.
   After the presentations, a discussant provides a brief overview of the main issues, and facilitates a general discussion of the topic by the audience and presenters, but should not give a new presentation. There should be at least 15 minutes time for a general discussion between presenters and attendants moderated by the discussant.
   Time available for each symposium is 75 minutes.
   The chairperson needs to submit the symposium by completing the online form in the submission site. We invite you to submit proposals for symposia addressing themes within the broad area of behavioral nutrition and physical activity. Here are some suggestions:
   - Behavioral nutrition/physical activity/sedentary behavior intervention studies across the lifespan;
   - Studies having direct policy implications or showing the impact of advocacy work in improving the behavioral nutrition and physical activity of populations;
   - Studies testing health behavior theories;
   - Physical activity and nutrition in older adults;
   - Food availability issues;
   - Active transportation;
   - Measurement issues;
   - Ecological/environmental sustainability issues; and
   - Any other relevant topics

2. **Debate symposia**
   In this format, we invite participants to share findings or ideas that are controversial. One chairperson has to submit the symposium by completing the online form on the submission site. This person will also lead the debate. The symposium will start with a 20-minutes presentation by 2 presenters (speaker 1: ‘pro’ talk for 10 minutes; speaker 2: ‘con’ talk for 10 minutes), followed by a 40-minutes debate. Some examples of possible debate topics are listed below:
   - The use of a fat tax to beat the obesity epidemic
     - **PRO:** Fat tax is an efficient way to promote healthy food choices.
     - **CON:** A price increase does not affect food purchase.
   - Sedentary behavior as an independent health risk: is it real?
     - **PRO:** Sitting is a risk for cardiovascular disease, independent from physical activity.
     - **CON:** There are limited effects of changing sitting time on health risk outcomes.
   - The use of social media in health promotion efforts.
     - **PRO:** Social media is the way to go for future health promotion strategies.
     - **CON:** There is limited added value of social media use in influencing the population's eating and physical activity behaviors.

   Other ideas or original topics are also welcome!
For both types of symposia:

You are invited to submit one of these symposia by Friday October 27, 2017 through the submission site.

https://www.venuewest.com/ISBNPA/

Abstract forms for the symposium as a whole (limit of 400 words), and each individual presentation (limit of 350 words) within the symposium should be completed online through the ISBNPA website. Submissions should adhere to the formats as closely as possible. Complete the online forms carefully. The chairperson can submit abstracts of individual presentations or he can invite presenters to submit their own abstract. Please note that incorrectly completed forms will not be considered for review. If there are any questions about the symposia abstract process, please contact conference@venuewest.com or executivedirector@isbnpa.org.

The Program Committee will review symposia proposals according to the following criteria:

- Relevance of topic to behavioral nutrition and/or physical activity
- Importance of topic to behavioral nutrition and/or physical activity research/practice/policy
- International participation (mix of speakers from different countries)
- Connection of each symposium paper to the overall symposium theme
- Fit of symposium with other symposia proposals (i.e., to avoid duplication)

Decisions regarding symposia acceptance for the ISBNPA 2018 meeting will be made by November 27th, 2017.

The symposia are considered first in the construction of the meeting program, followed by the open communications/free papers submission. The general submission deadline of abstracts for the open communications/free papers will be December 4th, 2017, with the late-breaking submission deadline (posters only) being March 2, 2018. Abstracts rejected for symposium presentation will be automatically submitted for open communications/free papers, unless otherwise requested.

Please note that all symposia participants are required, as are all conference attendees, to pay their own ISBNPA conference registration fees, and travel expenses. ISBNPA will not waive any membership or registration fees for symposia presenters.

Format for the GENERAL symposium proposal:

ABSTRACT FORMAT FOR THE SYMPOSIUM ABSTRACT
(400 words limit excluding title and author details; Submit by OCTOBER 27, 2017):

Purpose: A statement of the purpose to be addressed, emphasizing what is innovative about this session

Rationale: A rationale for addressing this issue at this conference

Objectives: Up to four aims, summarizing what you expect the session to achieve

Summary: Outline of the session as a whole and outline and integration of the individual contributions
Format: List of presenters or activities that will be undertaken during the session. There should be at least 15 minutes time for a general discussion between presenters and attendants moderated by the discussant.

For each presenter, an individual abstract should be submitted by the chairperson or the presenters using the format outlined below.

ABSTRACT FORMAT FOR EACH INDIVIDUAL SYMPOSIUM PRESENTATION
(350-word limit excluding title and author details; Submit by OCTOBER 27, 2017)

Purpose: State the primary purpose of the study, including the main research questions or hypotheses being addressed, emphasizing what is innovative about this research.

Methods: Quantitative studies should include design, participants, measures and analyses. Qualitative studies should include a reference to the approach being adopted (e.g. discourse analysis, grounded theory) and describe the method of data generation, (e.g. interviews, transcripts of conversations, written accounts). Reviews should include details of the procedures adopted (e.g. literature search, inclusion/exclusion criteria and methods of analysis).

Results: Quantitative studies should include a summary of the results, which can contain numerical data, qualitative studies should include an indication of the main results of the analysis (e.g. examples of themes, categories, responses, discourses to be reported). Reviews should include a summary of the main findings that will be discussed in the paper. This section should present specific findings, rather than suggesting that 'results will be discussed'.

Conclusions: Some discussion of the possible contribution to, or implications for, the advancement of behavioral nutrition and/or physical activity knowledge, methods or practice.

Please complete only one online form per symposium. As a chairperson make sure you have the following information ready before starting the online submission (or ask the authors of the different papers to be presented in the symposium to submit their abstracts after you have submitted the symposium abstract):

- Symposium title and abstract
- Title and abstract for each individual presentation
- Presentation order
- Contact details of each presenter (and discussant, if applicable) and of all authors of each individual presentation:
  - Last Name, First Name, MI
  - Institution
  - City, Country
  - E-mail Address
  - Any funding of each co-author

All correspondence about the symposium will be addressed to the symposium chairperson.

Format for the DEBATE symposium proposal:

ABSTRACT FORMAT FOR THE SYMPOSIUM ABSTRACT
Purpose: A statement of the purpose of the debate, emphasizing what is innovative about
the debate topic

Rationale: A rationale for addressing this issue at this conference and why this is a debatable
topic

Objectives: Up to four aims, summarizing what you expect the debate to achieve

For each presenter (pro and con) an individual abstract should be submitted by the
chairperson using the format outlined below.

ABSTRACT FORMAT FOR EACH INDIVIDUAL SYMPOSIUM PRESENTATION
(350-word limit excluding title and authors details; Submit by OCTOBER 27, 2017)

Purpose: State the primary purpose of this presentation.

Methods: Include details of the procedures adopted (e.g. literature search, original
research).

Results: Include a summary of the main findings/ideas that will be discussed in the
presentation.

Conclusions: Some discussion of the possible contribution to, or implications for, the
advancement of behavioral nutrition and/or physical activity knowledge, methods
or practice.

Please complete only one online form per symposium. As a chairperson make sure you
have the following information ready before starting the online submission or ask the
authors of the different papers to be presented in the symposium to submit their abstracts
after you have submitted the symposium abstract:

- Symposium title and abstract
- Title and abstract for each individual presentation
- Presentation order
- Contact details of each presenter (and discussant, if applicable) and of all authors of each
  individual presentation:
  - Last Name, First Name, MI
  - Institution
  - City, Country
  - E-mail Address
  - Any funding of each co-author

All correspondence about this symposium will be addressed to the symposium
chairperson.