

PLEASE SUBMIT YOUR ABSTRACT FOR THE ISBNPA 2018 MEETING Hong Kong 3-6 June, 2018 (deadline December 4th, 2017)

You are invited to submit an abstract relating to behavioral nutrition and physical activity research. The main thematic tracks with examples of topics for each track are listed below. You will be asked to select the topic that best represents the focus of your abstract.

To give as many attendees as possible the chance to present their work at the conference, the **number of submissions per presenting author is limited to two submissions in total** (symposium, oral presentation or poster):

maximum 1 free paper and 1 paper as part of a symposium (not including role as discussant and chair)

OR

maximum 2 free (regular abstracts or late-breaking) papers

### A. Ageing

This is a special topic for the ISBNPA 2018 conference. The term "ageing" the process of becoming older refers to ageing across the lifespan, not necessarily confined to older adults. Please consider sending us your best work for this special topic.

# B. Theory and Determinants (PA/Exercise, Sedentary Behavior, or Diet/Eating)

- Psychological (e.g. social-cognition and motivation, self-regulation, emotional)
- Social, cultural and economic environment (e.g. inequalities, food insecurity)
- Familial, parenting and home environment
- Physical and built environment, environmental policy
- Biological (e.g. neurobiology, appetite control, metabolomics), genetic and epigenetic

#### C. Interventions (PA/Exercise, Sedentary Behavior, or Diet/Eating)

- Individual and clinical (e.g. Motivational Interviewing)
- Parenting, family-based, and home-based
- · Preschool and school-based
- Community-based
- Environmental and natural experiments
- Worksite
- Games, virtual realities, and simulations
- Technology-mediated interventions (e.g. web, apps) and m/e-health
- Public health and policy (e.g. behavioural economics, incentives/taxes)

# D. Assessment and Methodologies in Behavioral Nutrition and Physical Activity

- Intervention development and evaluation frameworks
- Research methods and measurement innovations
- Statistical innovations (e.g. EMA, MLM)

#### E. Physical and Mental Health

- Chronic disease (e.g. obesity, cancer)
- Well-being, quality of Life
- Mental health and eating disorders
- Healthy aging
- Cognitive function
- Academic achievement



### F. Other Topics

- Research translation
- Special populations (e.g. migrants, refugees)
- Pregnancy and early motherhood, developmental origins of health and disease.
- Health professionals' training
- Education (e.g. Physical Education)
- Ethical issues
- Global/international health

If you have any questions about the submission process or have problems entering your submission, please contact <u>conference@venuewest.com</u> or <u>executivedirector@isbnpa.org</u>. For more information on the ISBNPA 2018 meeting, please visit the official ISBNPA 2018 meeting website by <u>clicking here</u>.

The call is open from November 3th to December 4th.

#### **Abstract Guidelines:**

- 1. Complete the online form carefully. Please note that incorrectly completed forms will not be considered for review.
- 2. The word limit for the abstract, excluding title and author details, is **350 words**. Submissions should adhere to the **format** detailed below (including headings) as closely as possible.
- 3. Selection of submissions to oral/short oral/posters will be made at the discretion of the **Abstract Review Committee**. Abstracts submitted for oral presentations may be assigned to short orals, or to poster sessions (electronic or traditional).
- 4. To give more attendants the chance to present their work orally, regular **ORALS** and **SHORT ORALS** are **programmed**. Oral presentations are allocated with 10 minutes' presentation and 2 minutes' discussion time. Short oral presentations are allocated 5 minutes' presentation time and 2 minutes' discussion time.
- 5. Please designate the corresponding author(s) after entering each author name (all authors can be designated as corresponding authors). In addition, please designate which author is presenting! 'Presenting' authors are those who will actually present the paper or poster at the conference and MUST attend the conference. 'Corresponding' authors are those who will receive email notices about the submission. If only one of the co-authors is a 'corresponding' author, that author is responsible for communicating abstract submission correspondence to the rest of the co-authors on the paper.
- 6. If there is an unexpected change in the presenter, please contact <a href="mailto:conference@venuewest.com">conference@venuewest.com</a> or <a href="mailto:executivedirector@isbnpa.org">executivedirector@isbnpa.org</a> by April 13, 2018.
  - IMPORTANT: If the presenting author is not registered in the conference, and full registration fee payment is not received by this date (April 13, 2018), the presentation will be automatically removed from the program with no further notice.
- 7. Before submitting, you will be given the opportunity to review all of the information you have provided.



- 8. You will be notified by email upon receipt of your abstract. Decisions regarding abstract acceptance will be sent to you by **February 23, 2018**, after completion of the review process. No information regarding acceptance will be available before that date.
- 9. Once submitted, your abstract will be assigned a unique **tracking number**. Please include this number in any correspondence with ISBNPA regarding your submission.

Any requests to **withdraw a submission** may be made in writing no later than **April 13, 2018** to conference@venuewest.com or executivedirector@isbnpa.org.

All submissions must adhere to the format given below (including headings) as closely as possible:

#### **Abstract:**

The following information should be included in the content of the abstract.

**Purpose:** State the primary purpose of the study, including the main research

questions or hypotheses being addressed, emphasizing what is

innovative about this research.

**Methods:** Ouantitative studies should include design, participants, measures and

analyses. Qualitative studies should include a reference to the approach being adopted (e.g. discourse analysis, grounded theory) and describe

the method of data generation, (e.g. interviews, transcripts of

conversations, written accounts). Reviews should include details of the procedures adopted (e.g. literature search, inclusion/exclusion criteria and methods of analysis). All studies should include details of measures

and analyses used.

**Results/findings:** Quantitative studies should include a summary of the results, which can

contain numerical data. Qualitative studies should include an indication of the main results of the analysis (e.g. examples of themes, categories, responses, discourses to be reported). Reviews should include a summary of the main findings that will be discussed in the paper. This section should present specific findings, rather than suggesting that

'results will be discussed'.

**Conclusions:** Some discussion of the possible contribution to, or implications for, the

advancement of behavioral nutrition and/or physical activity knowledge, methods or practice. Significance to the field.

Please note: There is a 350 word limit for each individual abstract;

The abstract review committee will review abstracts according to the following criteria:

- Innovation
- Importance for the field
- Quality of design
- Quality of measures
- Quality of analyses (where relevant)
- Quality of intervention (where relevant)

Thank you for your participation in ISBNPA 2018!